



**Valdosta State University  
College Prep Cheerleading Clinic  
March 21, 2009**

The Valdosta State University Cheerleaders are hosting a College Prep Clinic to assist you as you prepare to tryout for cheerleading at VSU. Come familiarize yourself with VSU's style of cheerleading, find out what we are looking for in a VSU Cheerleader, meet current VSU Cheerleaders, gain valuable information about the tryout process, get answers to your questions as they pertain to cheerleading tryouts, and meet others who are also interested in trying out for cheerleading at VSU!

**Saturday March 21th, 2009  
1:00 – 5:00 PM**

Additional Information: This clinic is open to high school juniors and seniors as well as current college students. The clinic will be held at *Winnersville Elite Cheer and Dance* in Valdosta, GA. The cost of the clinic is \$35 per cheerleader, and clinic participants will receive a free clinic t-shirt. To register for the clinic, please complete and send the attached registration form, waiver form (must be signed by parent if participant is under the age of 18), and a check or money order for \$35.00. Make payments payable to VSU Foundation/Cheerleaders. Space is limited and registration is on a first-come, first-serve basis. Please fill out the attached registration form as well as the parental and medical release form and mail both forms back to the below address no later than Monday, March 16<sup>th</sup>, 2009. You will receive a confirmation of your reservation via e-mail upon receiving the completed forms. Mail registration form, waiver form and \$35.00 (non-refundable) to:

**Dantè Tennant  
Valdosta State University  
Department of Athletics  
1500 North Patterson Street  
Valdosta, GA 31698**

For further inquires please contact the Cheerleading Office at (229) 333-5378 or [cheerleading@valdosta.edu](mailto:cheerleading@valdosta.edu)

**Directions to *Winnersville Elite Cheer and Dance*:**

Follow Interstate 75 to exit 18 and travel east into Valdosta. Turn right at the second traffic signal onto Norman Drive. Continue on Norman Drive and turn left at the fourth traffic signal onto Business Parkway. Travel 0.2 miles and Winnersville will be on your left.

*Winnersville Elite Cheer and Dance* – 1874 Bussiness Parkway – Valdosta, GA 31601



**Valdosta State University**  
**College Prep Cheerleading Clinic Registration Form**  
**March 21, 2009**

Name: \_\_\_\_\_ Sex: Male \_\_\_ Female \_\_\_

Permanent Address: \_\_\_\_\_  
\_\_\_\_\_

Home phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

High School: \_\_\_\_\_ Graduation Year: \_\_\_

T-Shirt Size: \_\_\_\_\_

Cheerleading Stunts (specify your position) and Tumbling Skills:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Cheerleading Experience (high school, all star, camps attended, etc.):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **ASSUMPTION OF RISK**

### **(BINDING LEGAL DOCUMENT-READ CAREFULLY BEFORE SIGNING)**

Valdosta State University College Prep Cheerleading Clinic March 21, 2009

It is the intention of the Department of Athletics of the Valdosta State University to engage in a College Prep Cheerleading Clinic involving high school students and VSU cheerleaders and coaches at the Old Gym on the campus of VSU.

The activities will be to teach advanced cheerleading skills and stunts on an individual basis. The skills taught will be matched to the developmental abilities of the students. Coaching activities will include but not be limited to: high exertion activities and advanced stunts.

While all due precautions will be taken to ensure the safety of the participants, there are risks inherent in any activity involving physical activity.

I acknowledge that I am solely responsible for any hospital or other costs arising out of any bodily injury or property damage sustained through my child's participation in such Clinic activities. I acknowledge that VSU does not provide insurance coverage for my child.

I have read this document and understand it and accept all risks, hazards, and dangers in such activities in which I permit my child to participate.

### **RELEASE, WAIVER OF LIABILITY AND COVENEANT NOT TO SUE**

I hereby agree that for the consideration of VSU allowing my child to participate in Clinic opportunities and in connection therewith, making available certain equipment and facilities I do hereby waive liability, release and forever discharge VSU and the Board of Regents of the University System of Georgia, its members individually, and its officers, agents, and employees, of any and all claims, demands, rights, and causes of action of whatever nature, arising out of all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof resulting from my child's participation in Clinic activities.

I further covenant and agree that for the consideration stated above I will not sue VSU, the Board of Regents, its members individually, its officers, agents, or employees, for any claim of damage arising out of my child's voluntary participation in Clinic opportunities at in or in conjunction with VSU.

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Signature

Date